Our mission is to coalesce, inspire, and support the Head Start field as a leader in early childhood development and education.

## Early Head Start Facts and Figures
### A Proven Support for Children, Pregnant Women, and Families

For more than 25 years, Early Head Start has leveraged the proven Head Start model to positively affect the brain development, health, and well-being of pregnant women and children birth to age three. Through year-round, full-day services in centers, as well as home-based options, its impact is undeniable.

### Enrollment
In 2021-22, Early Head Start served children 0-3 and pregnant women through 193,806 slots in all 50 states and territories. Enrollment includes children and families enrolled in American Indian / Alaska Native Head Start and Migrant and Seasonal Head Start. Throughout the year, a total of 214,300 infants and toddlers and 12,552 pregnant women participated in Early Head Start.

### Program Types
Early Head Start provides extensive options to meet the needs of working parents.

- **Center-based programs** offer classroom-based care and education for at least 6 hours a day in community settings and schools
- **Home-based services** bring staff to families to support child development through a weekly 90-minute home visit and bi-monthly group social activities
- **Prenatal and postpartum services** offer information, education, and support directly to women during and after pregnancy
- **Family child care programs** provide the Early Head Start model in a private home daycare or a family-like setting
- **Locally designed programs** tailor services specifically to local needs

### By the Numbers

- **193,806** Federally funded Early Head Start slots
- Only **10%** of eligible children and their families had access.

### Access
There are more than 400,000 fewer Early Head Start slots than Head Start slots, which prevents our nation’s most vulnerable learners from experiencing a continuum of quality care during the critical prenatal-to-five period. Early Head Start Rising is NHSA’s campaign to raise Early Head Start slots to at least equal the number of Head Start slots.

- 193,806 enrolled in Early Head Start
- 628,685 enrolled in Head Start

### By the Numbers

- **260,143** Served
- 4.9% Pregnant Women
- 21.8% Under Age One
- 28.1% Age One
- 45.1% Age Two

- **15,936** classrooms in the United States
- 62.6% Center-based
- 29.7% Home-based
- 3.6% Family Child Care
- 3.1% Pregnant Women
- 1.0% Locally Designed

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Early Head Start Improves Wellbeing

- Children in Early Head Start are more likely to be immunized and to receive services if they have a diagnosed disability.
- Early Head Start children show significantly better socio-emotional, language, and cognitive development.
- For families in the child welfare system, children enrolled in Head Start are 93% less likely to be placed in foster care.

45,595
Children served by Early Head Start-Child Care Partnerships

Through Early Head Start-Child Care Partnerships, Early Head Start programs have partnered with over 1,400 child care centers and 1,000 family child care providers to raise the bar on quality and services. By working together, the partners are able to extend Early Head Start resources to more early learning settings.

Equity

Early Head Start is rooted in equity, supporting children from the most at-risk backgrounds. Through a comprehensive model of support for the whole child and whole family, Early Head Start serves as a buffer to prevent and address childhood trauma, hunger, poor health, and other outcomes associated with living in poverty, which disproportionately affect children of color.

Of the 214,300 children served:

- **18,156** Experienced homelessness
- **10,189** Were in foster care
- **27,410** Had a diagnosed disability

Race & Ethnicity of Children & Staff

<table>
<thead>
<tr>
<th>Race &amp; Ethnicity</th>
<th>Children Served</th>
<th>Staff Served</th>
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<tbody>
<tr>
<td>White</td>
<td>22%</td>
<td>24%</td>
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<td>Black or African American</td>
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<tr>
<td>American Indian/Alaska Native</td>
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<td>1%</td>
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<tr>
<td>Asian</td>
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<tr>
<td>Other or Unspecified</td>
<td>8%</td>
<td>1%</td>
</tr>
</tbody>
</table>

Supports for Families & Pregnant Women

- **17,765** Parents Educated on Postpartum Care
- **95,435** Health Education
- **27,211** Mental Health Services
- **60,713** Emergency or Crisis Intervention
- **11,373** Pregnant Women connected with a Medical Home
- **10,700** Substance Abuse Prevention
- **18,986** Housing Assistance
- **25,266** Assistance Enrolling in Education or Job Training Program

Health Supports Provided to Children

- **Health Insurance** to **205,447** Children
- **Dental Home** to **164,103** Children
- **157,847** Children Up-to-Date on Immunizations

The majority of this data was collected from the 2021-22 Program Information Report. For additional citations, visit go.nhsa.org/EHS-Facts