American Indian/Alaska Native

2024 Head Start & Early Head Start Profile

SNAPSHOT

“I love Head Start and have for a long time. My two grandchildren were so prepared when they started school. The teachers were fantastic, the staff were very helpful and friendly. This year my youngest grandson is in Head Start. I can really see a big change in him. I know he is in good hands.”

Vickie May

BY THE NUMBERS

$348,035,092 FY23 Funding

20,228 Funded Seats Nationwide

15,864 Funded American Indian/Alaska Native Head Start Seats

4,364 Funded American Indian/Alaska Native Early Head Start Seats

Visit nhsa.org/locator to view maps in detail with congressional districts.

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In the nearly six decades since its founding, Head Start and Early Head Start has served nearly 40 million children and their families. Innovators and small business owners, police officers and members of the military, nurses and teachers, and even members of Congress—our alumni represent the vast and diverse fabric of our country. From early math and reading skills, to confidence and resilience, Head Start and Early Head Start helps children build the skills they need to be successful in school and life.

Head Start and Early Head Start takes a comprehensive approach to meeting the needs of young children and their families.

**There are four pillars in every program.**

**Education:** Learning experiences support intellectual, social, and emotional growth

**Health Services:** Immunizations, dental, medical, and mental health support, nutritional services, and early screenings ensure healthy development

**Family Involvement:** Opportunities for parents and caregivers to be involved in decision making, participate in classes, and volunteer in the program strengthen families

**Wraparound Support:** Tailored services meet local and individual needs and link children and families to community supports.

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**HEAD START'S MODEL**

Nationwide, Comprehensive, Multi-Generational

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**CHILDREN**

82,874 Home Visits Conducted Throughout the Year

768 Children Received Care for a Chronic Health Condition

342 Pregnant Women Served

13,693 Children Received Preventative Dental Care

7,622 Newly Enrolled Children Completed Behavioral Screenings

10,686 Children Up-to-Date on Early and Periodic Screening, Diagnostic and Treatment Screenings

**Participation in Head Start improves the likelihood of educational success**, including a “2.7% increase in high school completion, an 8.5% increase in college enrollment, and a 39% increase in college completion. These estimates imply sizable, long-term returns to investments in means-tested, public preschool programs.”


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**FAMILIES**

1,237 Homeless Families Served

10,815 Families Received Services that Promote Family Outcomes

4,905 Fathers Involved in their Child’s Educational Experiences

“The key takeaway is that the **benefits of Head Start appear to transfer from one generation to the next** in a substantial way... These results imply that cost-benefit analyses of Head Start and similar early childhood interventions underestimate the benefits of such programs by ignoring the transmission of positive effects across generations.”

*Breaking the Cycle? Intergenerational Effects of an Antipoverty Program in Early Childhood. (2022)*

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**COMMUNITIES**

1,206 Head Start and Early Head Start Classrooms

6,011 Total Head Start and Early Head Start Staff

11,536 Parents Employed, in School, or in Job Training

“Head Start generates a net present value of $1,204 per child who attends”, far exceeding the costs of the program. Additionally, “25 years after participation, **Head Start reduces the incidence of poor health**. These health impacts have large economic significance, as the U.S. annually spends $144 billion on health conditions that limit work.”

*The physical and mental health returns of Head Start 25 years after participation: evidence from income eligibility cutoffs. (2023)*