SNAPSHOT

“In Ohio, mom Tineisha reflects on how Head Start supported her as a parent. ‘She was teaching me to be a mom at the same time she was teaching my children.’

One Early Head Start Mother to All New Mothers: “I’m so proud of you!”

BY THE NUMBERS

$11,996,820,000 FY23 Funding

808,095 Funded Seats Nationwide

572,705 Funded Head Start Seats

188,179 Funded Early Head Start Seats

15,864 Funded American Indian/Alaska Native Head Start Seats

4,364 Funded American Indian/Alaska Native Early Head Start Seats

26,983 Funded Migrant and Seasonal Head Start Seats

16,217 Head Start and Early Head Start Centers Nationwide

Visit nhsa.org/locator to view maps in detail with congressional districts.
In the nearly six decades since its founding, Head Start and Early Head Start has served nearly 40 million children and their families. Innovators and small business owners, police officers and members of the military, nurses and teachers, and even members of Congress—our alumni represent the vast and diverse fabric of our country. From early math and reading skills, to confidence and resilience, Head Start and Early Head Start helps children build the skills they need to be successful in school and life.

Head Start and Early Head Start takes a comprehensive approach to meeting the needs of young children and their families.

There are four pillars in every program.

**Education:** Learning experiences support intellectual, social, and emotional growth

**Health Services:** Immunizations, dental, medical, and mental health support, nutritional services, and early screenings ensure healthy development

**Family Involvement:** Opportunities for parents and caregivers to be involved in decision making, participate in classes, and volunteer in the program strengthen families

**Wraparound Support:** Tailored services meet local and individual needs and link children and families to community supports.

**HEAD START'S MODEL**

Nationwide, Comprehensive, Multi-Generational

For citations and additional fact sheets, visit go.nhsa.org/state-profile

**CHILDREN**

- **4,412,154** Home Visits Conducted Throughout the Year
- **12,826** Pregnant Women Served
- **389,087** Newly Enrolled Children Completed Behavioral Screenings
- **65,045** Children Received Care for a Chronic Health Condition
- **677,997** Children Received Preventative Dental Care
- **562,781** Children Up-to-Date on Early and Periodic Screening, Diagnostic and Treatment Screenings

Participation in Head Start improves the likelihood of educational success, including a “2.7% increase in high school completion, an 8.5% increase in college enrollment, and a 39% increase in college completion. These estimates imply sizable, long-term returns to investments in means-tested, public preschool programs.”


**FAMILIES**

- **48,398** Homeless Families Served
- **591,554** Families Received Services that Promote Family Outcomes
- **192,984** Fathers Involved in their Child’s Educational Experiences

“The key takeaway is that the benefits of Head Start appear to transfer from one generation to the next in a substantial way... These results imply that cost-benefit analyses of Head Start and similar early childhood interventions underestimate the benefits of such programs by ignoring the transmission of positive effects across generations.”

*Breaking the Cycle? Intergenerational Effects of an Antipoverty Program in Early Childhood. (2022)*

**COMMUNITIES**

- **49,992** Head Start and Early Head Start Classrooms
- **248,445** Total Head Start and Early Head Start Staff
- **531,296** Parents Employed, in School, or in Job Training

“Head Start generates a net present value of $1,204 per child who attends”, far exceeding the costs of the program. Additionally, “25 years after participation, Head Start reduces the incidence of poor health. These health impacts have large economic significance, as the U.S. annually spends $144 billion on health conditions that limit work.”

*The physical and mental health returns of Head Start 25 years after participation: evidence from income eligibility cutoffs. (2023)*