# Your Child Deserves a Head Start!

Head Start is an early childhood education model committed to 360-degree development of the whole child—providing a strong foundation to help set children up for a lifetime of learning and growth in school and in the wider world.

Head Start preschool programs serve the families of children ages 3 and 4.

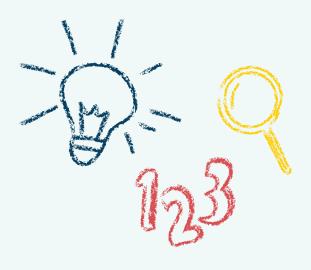
Early Head Start programs serve pregnant women and the families of children from birth through age 2.

## What Head Start can do for your children

#### Head Start gives children:

- Care in a safe space where they can learn and play while parents work
- Free breakfast, lunch, and snacks
- Free health care, including medical, mental health, dental, hearing, and vision
- Education that supports learning in both English and the language your child's family speaks at home





## A safe place to learn

Head Start programs give children a safe and healthy space to learn to:

- Use their senses to understand the world
- Move their bodies
- Grab, hold, and move small objects
- Keep themselves safe and healthy
- Bond with other children
- Express and manage their feelings

### Apply today!

Talk to your case worker at the refugee resettlement agency for help enrolling your child in a Head Start program.



You can find Head Start programs near you by talking to your case worker or by putting your location into the <u>Head Start Center Locator</u>.